

# Welcome to Gupshill Manor

Food allergens – before ordering please ask a member of staff regarding your requirements

Any dish marked with a **g** can be altered/made without to be gluten free so please state when ordering.

Dishes marked with a **v** – vegetarian or **ve** – can be made/altered to be vegan  
please confirm when ordering

## nibbles & sharers

**olives – v – g**

bowl of marinated black & green olives £3.95

**bread – v – ve – g**

selection of rustic breads – balsamic & oil dip – marinated olives & sundried tomatoes for one £6.95 share £8.95

**nachos – v**

tortilla nachos – grilled farmhouse cheese – sour cream – cherry tomato salsa for one £5.95 share £7.95

## starters

**soup – v – g**

homemade soup of the day – please ask for today's flavour – rustic bread £5.75

**crab cakes**

breaded thai style crab cakes – tomato salsa – dressed mixed leaf £6.45

**mushrooms – v – ve**

pan-fried creamy garlic mushrooms – herb croustades £6.45

**duck**

filo wrapped duck spring rolls – hoi sin dip – mixed leaf £6.95

**parfait – g**

chicken parfait – mixed leaf – red onion marmalade – rustic bread £6.75

**jalapenos – v**

breaded cream cheese jalapenos – mixed leaf – tomato & coriander salsa £5.95

**smoked salmon – g**

scottish smoked salmon & atlantic prawns – marie rose – mixed leaf – rustic bread £6.75

**falafel – v – ve**

spiced sweet potato falafel bites – mixed leaf – tomato & coriander salsa £6.25

## childrens menu

**chicken** battered chicken goujons – pub chips – baked beans £7.95

**gammon – g** char- grilled gammon – pub chips – garden peas – free range fried local egg £7.95

**fish** battered haddock fillets – pub chips – garden peas £7.95

**pizza – v – g** grilled cheese & tomato focaccia pizza – pub chips – mixed salad £6.95

**faggot** – oven baked faggot – creamed potato – carrots – pan gravy £7.95

**chicken salad – g** sliced chicken breast – mixed salad – free range boiled egg £7.45

# mains

## treat of the day

please ask for today's treat of the day

## bourguignon – g

oven baked beef bourguignon – roast potatoes – mixed vegetables £14.45

## salmon – g

pan-fried scottish salmon fillet – provencale sauce – mixed vegetables – roasted new potatoes £14.95

## enchilada – v – ve

baked mixed bean enchilada – grilled farmhouse cheddar cheese – sour cream – dressed mixed salad £14.95

## faggots

oven baked butchers faggots – creamed potato – mixed vegetables – pan gravy £12.95

## bake

ham, chicken and leek bake – herb crust – dressed mixed salad £13.45

## gammon – g

char-grilled gammon steak – garden peas – pub chips – free range fried egg £12.95

## cajun chicken

pan-fried cajun style chicken – seasoned potato wedges – onion rings – dressed mixed salad £13.95

## steak – g

8oz char-grilled sirloin steak – grilled mushroom – onion rings – pub chips £16.95

## haddock

real ale battered haddock – pub chips – garden peas – char-seared lemon £13.45

## salmon – g

sweet chilli glazed salmon fillet – dressed mixed salad – new potatoes £13.95

## vegan salad – v – ve – g

chargrilled vegan sausages – sauteed new potatoes & red onion marmalade – mixed salad £13.95

# burgers

## beef burger

char-grilled beef burger – grilled farmhouse cheese & bacon – brioche bun – pub chips £13.45

## fat cow

double char-grilled beef burger – grilled cheese & bacon – brioche bun – pub chips £17.95

## skinny cow

char-grilled cheese & bacon topped beef burger – big mixed salad – red onion marmalade £12.95

## bombay – v – ve

spiced bombay burger – toasted focaccia – pub chips – dressed salad – tomato salsa £12.95

# sides & sauces

dressed mixed salad £2.95

mixed vegetables £3.45

marinated green & black olives £3.95

pub chips £2.75

cheesy chips £3.65

seasoned potato wedges £2.95

garlic bread £3.25

cheesy garlic bread £3.85

beer battered onion rings £3.25

saucés £2.95 each

stilton sauce

peppercorn sauce

pan gravy

provencale sauce

# light lunches served until 6pm only

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## light lunches

**roast – g** today's roast meat – roast potatoes – mixed vegetables

yorkshire pudding – pan gravy £12.45

**meat ploughmans – g** honey roast ham – farmhouse cheddar cheese – mixed salad – pickled onions – pickle – boiled egg – rustic bread £8.95

**cheese ploughmans – v – g** farmhouse cheddar – creamy brie – mixed salad  
pickled onions – sweet pickle – boiled egg – rustic bread £8.95

**vegan ploughmans – g – ve** vegan cheese – falafel bites – mixed salad  
tomato salsa – pickle – pickled onions – rustic bread £8.95

## wraps

served with pub chips – dressed mixed salad

**goujons** breaded goujons – garlic mayo – grilled grated cheese – leaf £7.45

**fish** beer battered haddock – mixed leaf – tartare sauce £7.45

**cheese – v** farmhouse cheddar cheese – onion marmalade – leaf £6.95

**prawn** atlantic prawns – mixed leaf – marie rose £7.45

**chicken** sliced chicken breast – mixed leaf – cherry tomato salsa £7.45

**ham** sliced honey roast ham – mixed leaf – sweet pickle £7.25

## focaccia

served with pub chips – dressed mixed salad

**brie – g** grilled brie & backbacon – cranberry sauce £7.75

**pork – bbq** pulled pork – smoked applewood cheese £7.95

**veggie – v – g** spiced mixed bean – farmhouse cheddar cheese £7.25

**bme** char-grilled bacon – button mushrooms – free range fried egg £7.95

**chicken – g** sliced chicken – sweet chilli sauce – grilled farmhouse cheddar £7.95

**vegan – v – ve** garlic mushroom – vegan cheddar cheese £7.25